

PARENT AND TODDLERS

Community Programs



DOODLE BUGS:

Ages 2-5 + Families

You and your child are invited to come and explore art! We will work with everything from markers, stamps, to paint and plasticine. Don't worry, we will get messy. So come on out and discover the artist in your family! Parental participation is required. Please register at the Rec-centre. Please bring a snack.

Tuesday mornings 9:00 - 9:45am

September 13th – October 25th

February 7th – March 20th

\$8.00 for 7 sessions or \$2.00 drop in per family

Location: Rec Centre Lobby

Contact: Katelyn at 827-2446 ex 229

RAINBOW EXPRESS:

Ages 2-5 + Families

You and your child are invited to learn the basics and hop on the Rainbow Express! We will explore the ABC's 1 2 3's, shapes and colours all in one. Through creative and sensory activities your child can explore the signs that are all around them. Parental participation is required. Please register at the Rec-centre. Please bring a snack.

Thursday afternoons 1:00-2:00pm

September 15th – October 27th

February 9th – March 22nd

\$8.00 for 7 sessions or \$2.00 drop in per family

Location: Party Room

Contact: Katelyn at 827-2446 ex 229

MOVE N GROOVE:

Ages 18 months - 5

Let's get movin'! You and your child will get up and get active for 45 minutes. From active songs to rhymes and rhythm, this program will surely get you up and active! For your little ones who love to move. Parental participation is required. Please

register at the Rec-centre. Please bring a snack & water bottle.

Thursday morning 9:00am – 9:45am

September 15th - October 27th

\$8.00 for 7 sessions or \$2.00 drop in per family

Location: Rec Centre Lobby

Contact: Katelyn at 827-2446 ex 229

CRAFT CORNER:

Ages 5-10 + Families

Come on down to the Craft Corner! This seven week program will allow you and your child a night of seasonal craft making, as well as the chance for some pizza and fun! Parental participation is required. Please register at the Rec-centre.

All sessions will be from 5:30pm – 7:00pm

September 26th • October 24th • November 28th

December 12th • January 24th • February 13th • March 19

\$35 for the 7 weeks / or \$5.00 per family

Location: Rec Centre Lobby

Contact: Katelyn at 827-2446 ex 229



TADPOLES TO FROGS

Age 2-3

Hop, jump and leap into an unparented program. Your child will explore new skills through games, crafts, songs and story time. Watch and see your child gain confidence in a structured environment. Only 8 spots available. Please register at the Rec-centre. Please bring a snack.

Tuesday mornings 9:00am – 9:45am

November 1st – December 13th

\$7.00 for 7 sessions or \$2.00 drop in per family

Location: Rec Centre Party Room

Contact: Katelyn at 827.2446 ex 229

GO WILD! COME & SEE WHO IS AT THE ZOO!

Ages: 18 mth-5

From tigers, to wild birds, to rhino's oh my! Come out and explore the wild animals that are at the zoo. With games, crafts and story time, you are sure to have a WILD time! Parental participation is required. Please register at the Rec-centre. Please bring a snack.

November 3rd - December 15th

\$7.00 for 7 sessions or \$2.00 drop in per family

Thursday mornings: 9:00am-9:45am

Location: Rec Centre Party Room

Contact: Katelyn O'Krafka at 827.2446 ex 229

SHARK MONTH IS SWIMMING IN!

Ages 3+ and Families

Its shark month in Grande Cache! It may not be safe to go into the water, but it's safe to swim on down to the Rec-centre. Come out for an hour of all sorts of fun shark related activities. Learn all about these great creatures and take a bite into the fun! Parental participation is required. Please register at the Rec-centre.

February 4th, 11th, 18th, 25th

\$ 3.00 a session or \$10.00 for all 4 sessions

Time: 10:00am-11:00am

Location: Rec Centre Party Room

Contact: Katelyn O'Krafka at 827.2446 ex 229

DINOSAUR ART ADVENTURE:

Ages 3+ and Families

Dinosaurs big and small will be coming to the Recreation Centre in November! Come out and explore the land of the dinosaurs. Can you hear them roar? From fossil making to dinosaur bones come learn all about these great creatures. Parental participation is required. Please register at the Rec-centre.

November 5th, 12th, 19th, 26th

\$ 3.00 a session or \$10.00 for all 4 sessions

Time: 10am-11:00am

Location: Rec Centre Party Room

Contact: Katelyn at 827.2446 ex 229

MOTHER GOOSE IS ON THE LOOSE

Ages: 18 mth-5

The cow is jumping over the moon, Little Miss Muffet sat on a tuffet, and the dish ran away with the spoon. Come explore the crazy world of Mother Goose. Through story time, crafts, songs and rhymes, you and your child will learn the classics! Parental participation is required. Please register at the Rec-centre. Please bring a snack.

February 2nd – March 22th

\$8.00 for 8 sessions or \$2.00 drop in per family

Thursday mornings: 9:00am - 9:45am

Location: Rec Centre Party Room

Contact: Katelyn O'Krafka at 827-2446 ex 229

COLOURS, SHAPES & FUN!

Ages: 18 mth-5

Red, purple, green and blue, triangle, circle, and square! Every week explore a new colour and shape through songs, crafts and games. Parental participation is required. Please register at the Rec-centre. Please bring a snack.

November 3th – December 15th

\$7.00 for 7 sessions or \$2.00 drop in per family

Thursday afternoons 1-1:45pm

Location: Rec Centre Party Room

Contact: Katelyn O'Krafka at 827.2446 ex 229



DANCE LESSONS

Come out this autumn and "hip hop" your way into some fun!

Learn the latest in Hop Hop dance styling and moves. Increase your fitness level and have fun in this upbeat and funky class!



Ages: 9 - 11

Time: 6:45pm - 7:45pm

Ages: 12+

Time: 8:00pm - 9:00pm

Monday evenings: September 19th - October 24th



Instructor: Taryn Bittner

Cost: \$10 per class or \$60 for all 6 classes

Where: Rec Centre Lobby

More information: Katelyn O'Krafka 780.827.2446