

**“Theamata” (things to be seen) Hikers – June 2008 Schedule**  
**(Meet outside the Akasaka Recreation Centre, Hoppe Avenue, Grande Cache)**

<b>Date</b>	<b>Departure Time</b>	<b>Trail</b>
Sat. June 7 <sup>th</sup>	1:00 pm	* 1 <sup>st</sup> part of Leg 5 of the Death Race including “Crack of Doom” (8 km, 2 – 3 hours)
Sat. June 14 <sup>th</sup>	1:00 pm	* Sulphur Rim Trail (7.5 km, 2 – 3 hours)
Sat. June 21 <sup>st</sup>	11:00 am	* Leg 3 of the Death Race (19 km, 3 – 4 hours) – Lunch by the Creek
Sat. June 28 <sup>th</sup>	11:00 am	* Flood Mountain (17.8km, 5 – 6 hours, 2200 ft gain) – Lunch at the top

\* Weather and trail condition permitting

\* Destination may change depending on trail condition

- Waiver form will need to be signed on your first hike with the group. It will be available from the hike leader.
- Dogs are welcome **however** they must be on a leash at mealtimes.
- **You are responsible to carry adequate water & food, and wear appropriate clothing & footwear**
- You are responsible to provide or make arrangements for your own “appropriate” transportation (i.e., 4-wheel drive on some hikes). Limited car pooling may be possible.

**For more information, please call**

**Irene at 827 – 5770,**

**Phylis at 827 – 2154,**

**Carol at 827-3027, or**