

**Administration Office:**

827-3362

**Public Works:**

827-3610

**Recreation Centre:**

827-2446

**FCSS:**

827-2296

**Tourism Centre:**

827-3300

ext. 21 | Receptionist & Utilities Clerk Judith Coughlin  
 ext. 23 | Accounts Receivable, Payable & Tax Clerk Louise McMann  
 ext. 24 | Payroll Clerk Diane Fournier  
 ext. 25 | Chief Financial Officer Carolyn Ferraby  
 ext. 27 | Manager of Economic Development & Tourism Tara Wignes  
 ext. 28 | Marketing Officer Sean Kinney  
 ext. 30 | Development Officer Debbie McCann  
 ext. 31 | Executive Secretary Lisa Brown  
 ext. 31 | Chief Administrative Officer Darren Ottaway  
 ext. 33 | Mayor Louise Krewusik

Community Focus Weekly is a supplement to the quarterly newsletter publication created by the Town of Grande Cache. For a copy of the current newsletter please visit our website below or stop by the administration office.

April 1st, 2008



# Community focus weekly

Next Regular Council Meeting - April 29th @ 5:00pm

## SO YOU HAVE NOTHING TO DO?

### Long Term Athlete Development (LTAD) Presentation

Monday April 7 from 7:30-8:30pm at the Akasaka Recreation Centre. Coaches, parents and teachers are encouraged to attend! "Toddlers to Masters" – growth, development and optimal windows of trainability.

### Sporting Afternoons

11, 12 & 13 year olds

Looking for something to do with your Easter Break? Join us for a few hours in the afternoon for swimming, shinny, agility training and other great games and drills. Afternoons will run April 1, 2, & 3, 2008 from 1-4pm. Cost is \$7.50 per session or \$20 for all 3 days. Maximum 12 participants. Call Sheri at 827-2446 for more information.

### Spring Into Spinning Workshop

Ever thought about trying our stationary bikes, or interested in biking on your own time? Then this workshop is for you! Wednesday April 9th from 6:45 to 7:45pm For more information or to register call the Recreation Centre @ 827-2446

### GC Minor Soccer Association

\*\*Fee \$35.00 \*\*U5 - \$20.00

Soccer Starts: Tuesday April 22, 2008  
 Soccer Finishes: Tuesday June 19, 2008  
 Each Tuesday and Thursday 5:45pm to 8:40pm  
**Registration is open from...** Monday April 7 @ 9:00am to Tuesday April 15 @ 5:00pm

#### Soccer Meeting:

Tuesday April 15, 2008 @ 6:30pm at the Recreation Centre

1. Election of Board Members
2. People interested in Coaching (Training and ongoing support will be provided)

**There will be a mini Soccer Festival on Saturday June 21, 2008 that is subject to a "tournament committee" being formed. Tentatively on April 26th there will be a soccer clinic hosted by the Rec. Centre.**

### Ballroom Dance Workshop

Presented by 2 Left Feet Dance on Saturday, May 31, 2008 10am-4pm with a cost of \$65 per couple (includes lunch). Payment must accompany registration. Please call Natasha for more information.

### Babysitter's Course

April 26 & 27 @ 1-5pm at the Rec. Centre. \$30 per participant due with registration. Call Natasha at 827.2446 for more information.

**The pool will be closed for maintenance and cleaning from April 7th to the 19th. We will reopen on Sunday, April 20.**

### Drop On In!

Drop-in child care service is available for most recreation programs, including drop-in activities. Drop-in spots are available for Water Running, Noon Spin Class, Aquafit, Circuit Training and Cardio Kickboxing. Add some variety to your workout schedule and keep watching here for more drop-in opportunities! Childcare Service is free and runs from 5pm-9pm Monday to Friday.

For further information contact Sheri Budd @ the recreation centre @ 827-2446.

### Rock Climbing Wall Attendant

We are looking for individuals to supervise our new bouldering cave. Qualifications: minimum of 16 years old & Standard 1st Aid and CPR B. Call Sheri or Travis for more info @ 827-2446.

### Spin class

Tuesday & Thursday Time: 12:15pm-12:45pm  
 Session dates: March 4th - April 10th  
 Fee: included with 6 month & 1yr membership \$30 for non members. Child Care Available: No

### Video Ice Dance

Saturday April 5 7:00-10pm in the arena. \$2 per person. Free hot chocolate and cookies.

### Upcoming Movies!

Check out our website for our upcoming movies or call the Rec. Centre for more info. We've got a great upcoming line up including a movie for extreme skiing fans on April 26!

### Hoja (Acappella Group)

Join us for great music and entertainment when Hoja comes to town on April 19 at 2pm in the Curling Rink. Ticket Prices: \$20/Family, \$10/Adult, \$7 Student, \$4 Child (not yet in kindergarten). Tickets will be available at the Recreation Centre starting March 10th.



## Trees & Shrubbery!

The Town of Grande Cache will be pruning trees and shrubs along the Town sidewalks in the next few months. All vegetation will be trimmed back to a width of 4', and a height of 7'.

For further information call the Public Works Dept. at 827-3610.

## YOU COULD WIN BIG!

Visit [www.grandecache.ca](http://www.grandecache.ca) to learn about our 2008 Photo Contest! Enter your photos for a chance to win a great Grand(e) Prize package worth approximately **\$1000.00!** Included in that package is our new **Grande Cache Roots Canada clothing!** If you're not a photographer don't worry, there is new and exciting merchandise arriving at the Tourism Centre daily, including our new Roots clothing! Come check out the great gifts we have in stock! **Full contest details and forms can be downloaded off of the website!**

## FCSS SUPPORT GROUP

A Support Group has been formed by FCSS & AADAC for people who are affected by loved ones misuse of drugs and alcohol. The group offers a chance to share and learn about addiction. It began March 12th and will be held every Wednesday from 6:30 to 7:30pm at the Grande Cache FCSS Office. For more information contact Joan @ 827-2296

## WINE & CHEESE!

There will be a **Community Beautification Open House Wine & Cheese** at 7:00pm Wednesday April 2, 2008 at Tourism & Interpretive Centre. **Come out and see the Town's exciting beautification plans for 2008, featuring designs for a new Downtown Square!** For more information on this event contact Tara Wignes @ 827-3362 ext. 27

## GIRLS IN MOTION!

**Physical Activity For girls aged 10-14...**  
 Come out and try some new activities and have fun in the process. Activities available include Yoga, Introduction to Strength Training, Cardio Kickboxing, Wall Climbing, Deep Water Aquafit, Ballroom Dance and more! Program runs from April 14-June 20, 2008 on Wednesday and Friday from 3:30 to 5:00pm. Space is limited to 15 participants so register early! Registration cost is \$10/participant for 10 sessions. Payment must accompany registration. No phone registrations will be accepted. For more information or to register, contact the Recreation Centre @ (780) 827-2446, or email [natasha.brown@ggrandecache.ca](mailto:natasha.brown@ggrandecache.ca)

## FARMER'S MARKET

The Town of Grande Cache is starting an Alberta Approved Farmer's Market for the 2008 season. If you make, bake or grow a unique product, please contact us @827.2446 or email [sheri.budd@grandecache.ca](mailto:sheri.budd@grandecache.ca) There are a limited number of spaces for home based business products such as Partylite. The tentative May Farmer's Market will be held in the curling rink and tables, chairs and power will be available. Application forms will be available by mid April and vendors must submit a list of products to be sold. We reserve the right to refuse vendors that may overlap in products.

## ARTS and CULTURE!

The Grande Cache Arts & Culture Committee would like to start a newsletter encompassing any cultural or artistic events that are happening in our community. Please send your information to us and let us help you spread the word. **Please send information to...** [sheri.budd@grandecache.ca](mailto:sheri.budd@grandecache.ca) or fax: 780-827-3850 For more information please call Sheri at 827-2446

## LORDY LORDY LOOK WHO IS GOING TO BE 40!

**Grande Cache 40th Anniversary Expression of Interest:** The Town of Grande Cache will be celebrating its 40th Anniversary in 2009. If you are interested in participating in the planning committee, please contact the Town Office with your name and contact information.

Mail to: Town of Grande Cache, P.O. Box 300, Grande Cache, AB. T0E 0Y0  
 E-mail: [admin@grandecache.ca](mailto:admin@grandecache.ca) Phone: 827-3362